



# YOGA , MEDITATION & TURQUOISE COAST—TURKEY

A proposal from Armelle Fée, Your *Travel Planner Extraordinaire*

## What Is Included:

- 7 Nights - Cabin for 2
- 3 Meals per Day + Tea Time (Water, Coffee, Tea, Soft Drinks) (Vegan meals upon request)
- Daily Yoga Class
- Daily Meditation Class
- Use of Paddleboards, Snorkeling Equipment (flippers & Masks)
- Dalaman Airport Transfers
- Taxes and Fees

Available Dates: *TBD*

Pricing: **US\$ 2,000 per person** (Double Occupancy; 10 Passengers) (Single Occupancy Available For an Extra Fee)

## Sailing On a Turkish Gullet

Sailing the **Turquoise Coast** of Turkey is traveling through time, back to the **ancient world** of Homer, while discovering a friendly **modern culture**. It is so cliché... But what a cliché: **crystal-clear waters**, shades of blue both in the sea and in the skies, and **charming villages** and bubbly cities! Swim in the clearest waters, searching for turtles or exploring sunken ruins, walk **cobblestone paths** up to ancient sites, delight in Turkish **culinary treats**, and so much more!



Life onboard is **fun** and **relaxing**, and **Turkish hospitality** will be reflected through the healthy



meals prepared by your crew. Your cabin awaits but you are welcome to **sleep under the stars** on the deck, if you wish to do so! Enjoy every single minute of your vacation, day or night! Your itinerary (may be modified by your Captain) will take you to quiet bays, villages and lovely harbors, Lycian ruins, and other stops where you might choose to join an optional tour of the area.

### Q: What activities can I enjoy during my stay?

A: Along with daily **yoga** and **meditation** classes, on or off the gullet, you will be able to **snorkel, swim, kayak, fish**, as well as **hike** along the coast to **historical ruins**. Though entrance to the various sites is



not included (approx. USD \$2-4), do not miss out on learning about **ancient Lycian** history, Enjoy relaxing moments onboard, playing games with fellow travelers, reading a book, or sunbathing on the deck. Up the excitement with **paragliding** over the blue sea (optional activity) or **scuba diving** where available!



*"I soon realized that no journey carries one far unless, as it extends into the world around us, it goes an equal distance into the world within."*

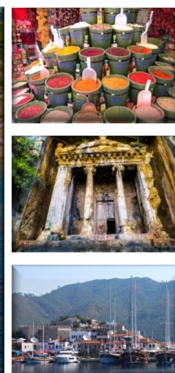
*Lillian Smith, Author*

### Q: Tell me about meals onboard our vessel!

A: Past guests say meals were not just one of the highlights of their charter but wonderful quality time! You will be taken care of from breakfast to dinner along with **tea time** with coffee, tea and biscuits or fruit! Meals made from the freshest, in season ingredients, will be served al fresco. Start with a traditional **Turkish breakfast** of fresh eggs, tomato, cucumber, cheese, bread and spreads. Lunch is usually a few **vegetarian dishes** using in-season vegetables and includes **fresh salads**. At dinner, you will be served a **meat** or **fish** dish, BBQed onboard weather permitted, along with **delicious side dishes**.



Your Gullet At Anchor



## What Is Not Included:

- International Airfare
- Alcoholic Drinks
- Expenses of a Personal Nature
- Excursions and Tours
- Insurance (Available at Booking: *Cancel For Any Reason Policy* Recommended)